

Introduction (Being Still Part 1)

This week we are going to take a look at “Being Still” in God’s presence. It is one of the most important acts we can do in our desire to build a closer and more intimate relationship with God.

It is amazing how many people I come across that have a deep desire and hunger to move in the Spirit, to see the supernatural manifested in their lives. But never, ever go to the source, trying to get it in a simple way by going to a meeting, another book, another sermon, but never really coming into a place of being still.

No doubt we live in a society that is running here and running there. This whole concept has of being busy has become a part of church life. We have a drive through mentality, or atm mentality but no relationship.

If we can come to a place of being still and building a relationship with our Father no doubt greater things would happen.

Think about the story of Martha and Mary:

Scripture

- **Luke 10:38-42 (New International Version)**

³⁸ As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord’s feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!”

⁴¹ “Martha, Martha,” the Lord answered, “you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. ^[a] Mary has chosen what is better, and it will not be taken away from her.”

Jesus did not say Martha’s work was insignificant, only that sitting quietly at the Lord’s feet was the most important act of all.

This is where we need to be, coming into the rest of His presence. It is not a case of us doing for Him, but a case of sitting down and allowing Him to be formed in us, that we would come to a spiritual awakening.

It always takes a time of preparation or setting time aside so that we can be still.

When you meet a new friend, or your future spouse the way you get to know them is to spend time with them, talk with them, do things together. God is no different. He desires all those things with us. He wants nothing more than for each person to experience His love.

He desires fellowship. He desires us to listen. He wants to commune with us.

Scripture

- **2 Peter 3:9 (Amp)**

⁹The Lord does not delay and is not tardy or slow about what He promises, according to some people's conception of slowness, but He is long-suffering (extraordinarily patient) toward you, not desiring that any should perish, but that all should turn to repentance.

We are always in a hurry, that is why a lot of relationships break down and divorces take place because we never take time to sit down, be still and get to know people and build strong relationships.

God is not in a hurry. He doesn't force us. It is our job to draw near to Him. He does not take our will away from us. We have to make a choice to come into His presence and be seated and still in our rightful place as sons of God.

So let's have a look at how we can "Be still" and know our God.

Scripture

- **Psalm 46:10 (Amp)**

¹⁰Let be and be still, and know (recognize and understand) that I am God. I will be exalted among the nations! I will be exalted in the earth!

1) Why should I be still?

STILL: *Let go, releasing*

By becoming still before God, it means we are surrendering our life, our time, to be still before Him. By surrendering ourselves in this way we are opening the door for God to speak into our Spirits, for us to hear from Him and for Him to fulfil His purposes and plans in our lives.

- 1) So when I am being still before God I come to recognise the awesomeness of His presence.
- 2) And the awesomeness of the great things He can do through me.

When I am being still before God, I understand His compassion and the way He speaks to me. But if I am not being still, how am I ever going to release the power of God? The power of God and His anointing only comes from me being in His presence.

KNOW: *From the Hebraic word "YADA"*

The word YADA encompasses several meanings of KNOW.

Sharing Love
Showing Mercy

When we are being still we are not just sitting there for a feeling, but we are beginning to understand who God really is.

As we get to Know Father God we will discover His many attributes and characteristics.

Being still before God is something that the Hebrews never did in the desert, they lived out of the miracles, but they never lived out of relationship.

Jesus on the other hand always came aside to be with His Father and so when Jesus said if you've seen me, you've seen the Father.

Scripture**• John 14:8-10 (Amp)**

⁸Philip said to Him, Lord, show us the Father [cause us to see the Father--that is all we ask]; then we shall be satisfied. ⁹Jesus replied, Have I been with all of you for so long a time, and do you not recognize and know Me yet, Philip? Anyone who has seen Me has seen the Father. How can you say then, Show us the Father? ¹⁰Do you not believe that I am in the Father, and that the Father is in Me? What I am telling you I do not say on My own authority and of My own accord; but the Father Who lives continually in Me does the (^[a]His) works (His own miracles, deeds of power).

Everything that Jesus had and moved in came from His relationship and His drawing aside to be still before His Father.

So when I am being still before God some of the results of that being still are:

- a) *Wisdom* – God really does know best, He does not make mistakes

Scripture**• Romans 11:33 (NIV)**

³³ Oh, the depth of the riches of the wisdom and^[a] knowledge of God! How unsearchable his judgments, and his paths beyond tracing out!

How amazing it is how we chase all kind of things, but, if we would just be still, God would show us His wisdom for every situation.

- b) *Infinitude* – *He is omnipresent, everywhere. He has no boundaries.*

Scripture**• Psalm 139:7-12 (NIV)**

⁷ Where can I go from your Spirit?

Where can I flee from your presence? ⁸ If I go up to the heavens, you are there; if I make my bed in the depths, you are there. ⁹ If I rise on the wings of the dawn, if I settle on the far side of the sea,

¹⁰ even there your hand will guide me, your right hand will hold me fast. ¹¹ If I say, "Surely the darkness will hide me and the light become night around me," ¹² even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.

Being still we see the awesomeness of God because there are no boundaries. We need to be still to understand that we cannot box God in. That the possibilities of the things He can do in our lives have no restriction.

We have to stop this mentality and our religious sayings of going to a building to meet with God when we can meet with Him 24/7 no matter where we are. As this scripture says, "Where can I go from Your Spirit?"

We need to just be still and know our loving heavenly Father. The only way to change is to hang around the person that loved us so much that He laid His life down for us.